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I have learned to not let the small things bother me. People are people, and as long as I know at the end of the day I showed kindness to those I have met, then it has been a great day.

Take the time to say hello to a stranger and smile. Buy the person behind you in the Starbucks line a cup of coffee, just because. A little kindness goes a long way.

And remember if you are cooking for four, what is it to have 20 more join you? The more the merrier. It is all about who we touch along our paths which makes our lives much richer.